



# Fast Eddie's Sprint Invitational

April 6-7, 2019 @ MacEwan University

## Dates / Times

### SATURDAY APRIL 6, 2019

WU: 11:00 AM Start: 12:00 PM Finish: 5:00 PM

### SUNDAY APRIL 7, 2019

WU: 8:00 AM Start: 9:00 AM Finish: 2:00 PM

## Facility

**MacEwan University**, Centre for Sport & Wellness  
10800-104 Avenue, Edmonton, AB

6 Lane 25m Pool (Colorado Dolphin Timing)

## Limits / Eligibility / Competition Readiness

The meet is limited to 150 swimmers registered with Swimming Canada, who have passed Swim Alberta's Competition Swim Test. During the meet, swimmers should dive at the Dive Readiness Progression skill level they have achieved.

## Saturday April 6, 2019

Event #	Event
1	100 Individual Medley
2/3	50 Freestyle
4	100 Backstroke
5	50 Butterfly
6	100 Breaststroke
7	200 Freestyle
8	4x50 Medley Relay

## Sunday April 7, 2019

Event #	Event
9	200 Individual Medley
10	50 Backstroke
11	100 Freestyle
12	50 Breaststroke
13	100 Butterfly
14	4x50 Freestyle Relay Freestyle "Swiminator"

## Seeding / Heat Limitations

All events will be mixed gender and senior seeded, except for the 50 Freestyle (separated by gender).

The meet management may limit the number of entries and/or relay events in order to meet swim meet timelines.

## Freestyle "Swiminator"

The top 6 female and male 50 Freestyle swimmers for the 10 & Under, 11-12, 13-14, and 15 & Over age groups will be invited to participate in the 25m Freestyle "Swiminator".

## Entry Limits / Times / Deadline

Swimmers will be allowed to swim a maximum of 8 individual events plus relays.

A Hy-Tek event file is available for download from Swimming Canada at [www.swimming.ca](http://www.swimming.ca), and from Penguin Swimming at [www.penguinswimming.ca](http://www.penguinswimming.ca).

Entry times **ARE REQUIRED** (NT's not permitted). Please make your best educated guess if needed.

Entries are to be submitted via Swimming Canada at [www.swimming.ca](http://www.swimming.ca). Entries received after the entry deadline will be considered deck entries.

Entry Deadline: **SATURDAY MARCH 23, 2019**

## Meet / Diving Rules

This meet will be run under Swimming Canada and Swim Alberta rules and regulations. The Swim Alberta scratch rule will also be in effect.

Starts will be conducted from Starting Platforms (blocks) as per FINA FR 2.3 and SW 4.1 rules.

## Entry Fees / Late & Deck Entries / Scratches

\$8.25 per Timed Final Event  
\$9.75 per Prelim/Final Event (50 Freestyle)  
\$15.00 per Relay

Cheques payable to: **PENGUIN SWIMMING**

Late and deck entries will be received on a first come first served basis to fill empty lanes only at an entry fee of \$10.00 per Timed Final Event, \$12.00 per Prelim/Final Event, and \$20.00 per relay. Deck entry fees are to be paid in cash at the time of the deck entry.

No refunds will be given for scratches received after the entry deadline.

## Awards / Results

Awards will be given to the top 6 swimmers in each individual event for the following age groups: 10 & Under, 11-12, 13-14, and 15 & Over.

Results will be posted on Swimming Canada at [www.swimming.ca](http://www.swimming.ca).

## Contact

Colin Beattie, Director of Swimming  
3112-105 Avenue  
Edmonton, AB, T5W 0B4  
Phone/Fax: (780) 435-SWIM (7946)  
Email: [swim@penguinswimming.ca](mailto:swim@penguinswimming.ca)