



Age Group Provincials 2010

ENTRY FORM

Meet: **Age Group Provincials**

Dates: March 5-7, 2010

Location: Kinsmen Sports Centre
9100 Walterdale Hill, Edmonton, AB

Times: Friday March 5, 2010 Prelims 7:45 AM Finals 4:45 PM
Saturday March 6, 2010 Prelims 7:45 AM Finals 4:45 PM
Sunday March 7, 2010 Prelims 7:45 AM Finals 4:15 PM

Swimmers: Qualifying Age Group, Youth

Team Uniform: Team T-Shirt, Cap (team hoodies and shorts optional)

Food: See Fluids and Food During Training/Competition on the team website under Athletes-Nutrition PRIOR to attending the meet.

Transportation: Athletes must arrange for own transportation.

Parent Expectations: Please review Parent/Guardian Swim Meet Expectations PROR to attending the meet.

Athlete Expectations: Please review Athlete Swim Meet Expectations PRIOR to attending the meet.

Entry Fees: \$8.00 per swim (6-8 individual events maximum)
*Note: Events will be selected by the Coach

Entry Deadline: **Friday February 12, 2010**
*Note: Late entries will not be accepted

Swimmer: _____

Total Fees: _____

Friday March 5, 2010 Prelims 7:45 AM Finals 4:45 PM		
1	100 Backstroke	
2	200 Butterfly	
3	100 Freestyle	
4	400 Individual Medley	
5	50 Breaststroke	
6	400 Freestyle	

Saturday March 6, 2010 Prelims 7:45 AM Finals 4:45 PM		
7	200 Individual Medley	
8	50 Freestyle	
9	200 Backstroke	
10	50 Butterfly	
11	100 Breaststroke	
12	400 Freestyle	

Sunday March 7, 2010 Prelims 7:45 AM Finals 4:15 PM		
13	100 Butterfly	
14	200 Freestyle	
15	50 Backstroke	
16	200 Breaststroke	
17	100 Individual Medley	
18	1500 Freestyle	